

## **SWIMMING**

### **FRIDAY, NOV. 19**

Bandys, Newton-Conover at Rudolph relays at Valdese

### **MONDAY, NOV. 22**

Bandys, Maiden, E. Burke, S. Caldwell at Valdese, 6 p.m.

### **SATURDAY, NOV. 27**

Turkey Invitational at R-S Central

### **MONDAY, NOV. 29**

Draughn, Newton-Conover, S. Iredell at Valdese, 6 p.m.

### **TUESDAY, NOV. 30**

Fred T. Foard, S. Caldwell, St. Stephens, Hickory at Hickory YMCA, 6 p.m.

### **WEDNESDAY, DEC. 1**

Alexander Central, Hibriten, Watauga at Lenoir Aquatic Center, 6 p.m.

Draughn, E. Burke, S. Caldwell, W. Caldwell at Valdese, 6 p.m.

R-S Central, Shelby at Freedom

### **THURSDAY, DEC. 2**

Bandys, Maiden at S. Iredell, 6 p.m.

### **FRIDAY, DEC. 3**

Patton, Chase, E. Rutherford, Highland Tech at Isothermal Community College

### **TUESDAY, DEC. 6**

E. Burke, Newton-Conover, S. Iredell at Valdese, 6 p.m.

### **WEDNESDAY, DEC. 8**

Alexander Central, Hibriten, Hickory at Wilkes pool, 6 p.m.

Bandys, Fred T. Foard, St. Stephens at L-R, 6:30 p.m.

Draughn, Maiden, W. Caldwell at Valdese, 6 p.m.

S. Caldwell, Watauga at Lenoir Aquatic Center, 6 p.m.

### **FRIDAY, DEC. 10**

E. Burke, Newton-Conover, S. Caldwell, S. Iredell at Valdese, 6 p.m.

Freedom, Patton, E. Rutherford at Isothermal Community College

**TUESDAY, DEC. 14**

Hickory, S. Caldwell, Watauga at Hickory YMCA, 6 p.m.

**WEDNESDAY, DEC. 15**

Alexander Central, Fred T. Foard, Hibriten, St. Stephens at Lenoir Aquatic Center, 6 p.m.

Draughn, E. Burke, Maiden, W. Caldwell at Valdese, 6 p.m.

**THURSDAY, DEC. 16**

Bandys, Newton-Conover at S. Iredell, 6 p.m.

**FRIDAY, DEC. 17**

Shelby, R-S Central, Patton at Isothermal Community College

**TUESDAY, JAN. 4**

Shelby, E. Rutherford at Patton

**WEDNESDAY, JAN. 5**

Alexander Central at Wilkes pool, 6 p.m.

Catawba County championships at L-R, 6:30 p.m.

Caldwell County championships at Lenoir Aquatic Center, 6 p.m.

**FRIDAY, JAN. 7**

Freedom, Chase, Highland Tech at Isothermal Community College

**TUESDAY, JAN. 11**

Fred T. Foard, St. Stephens, S. Caldwell, Watauga at Hickory YMCA, 6 p.m.

E. Rutherford, Patton, Shelby at Freedom

**WEDNESDAY, JAN. 12**

Alexander Central, Hibriten, Hickory, S. Caldwell at Lenoir Aquatic Center, 6 p.m.

E. Burke, Newton-Conover, S. Iredell at Valdese, 6 p.m.

**FRIDAY, JAN. 14**

Bandys, Draughn, Maiden, W. Caldwell at Valdese, 6 p.m.

Rutherford County championships

**FRIDAY, JAN. 21**

Northwestern 3A-4A championships at Valdese, 4 p.m.

**SATURDAY, JAN. 22**

Catawba Valley Athletic 2A championships at Valdese, 6 p.m.

South Mountain Athletic 2A-3A championships at Isothermal Community College

**WEDNESDAY, JAN. 26**

Last chance meet at Valdese, 6 p.m.

**FRIDAY, FEB. 4**

Regionals at Huntersville

**SATURDAY, FEB 5**

Regionals at Huntersville

**FRIDAY, FEB. 11**

State championships at Cary

**SATURDAY, FEB. 12**

State championships at Cary